



THE
HOUSE
OF THE IBIS

Ancient Wisdom • Modern Minds

The Ibis Scribe

Spring Edition | 2026

WISDOM TRADITIONS FOR MODERN INNER LIFE

*Exploring devotion, discernment, sacred
knowledge, and intentional living for today's
seeker.*



FEATURED INSIGHT

An Inaugural Address from the
Director of Studies

- Roger Calliste -

A sanctuary for sincere aspirants seeking balanced spiritual development in today's world.

In This Issue



Editor's Note	3
Featured Address: Inaugural Address from the Director of Studies	4
Poetic Reflection: The House of Quiet Knowing	5
Esoteric Teaching: The Wisdom of the Kabbalah	6
Traditions of Devotion: The Whirling Dervishes	8
Personal Reflection: Love Guided by Wisdom and How This Intertwines With My Life	10
Living Wisdom: Navigating the 21st Century with Kemetic Wisdom Living	12
Healing: A Return to Wholeness	14
Upcoming Workshop: The Sacred Path of Theurgy	16
Begin The Journey: Application & Membership	17

From The Editor:

By Jean-Marc Aimey



In an age overflowing with information yet starved of wisdom, the need for inner grounding has never been greater. The modern seeker must navigate distraction, over-stimulation, material pressures, and spiritual fragmentation, while still answering the timeless questions of purpose, balance, truth, and self-mastery.

This inaugural edition of *The Ibis Scribe* brings together reflections from multiple wisdom traditions, united by a shared aim: to illuminate the inner life.

What emerges across these pages is not a call to escape the world, but to meet it from a more conscious, centred place. In *The House of Quiet Knowing*, we are invited into silence, rhythm, and the hidden order that reveals itself when the mind grows still. In *Love Guided by Wisdom*, we are reminded that discernment begins within, and that love, if it is to be true, must first be rooted in self-knowledge rather than dependence. In *A Return to Wholeness*, healing is understood not simply as recovery from illness, but as the restoration of connection — to balance, to source, and to the deeper intelligence that sustains life.

Further into this issue, the sacred movement of the *Whirling Dervishes* speaks to remembrance, surrender, and the refinement of the self through devotion. The *Kemetic Wisdom* path calls us back to Ma'at — truth, order, justice, and harmony — as a way of living intentionally in a fractured age. The *Wisdom of the Kabbalah*, in turn, challenges us to look beyond modern emptiness and rediscover a spiritual architecture of meaning, responsibility, and right relationship with the Divine.

Taken together, these contributions remind us that *the inner life is not built through fascination alone*. It is cultivated through reflection, discipline, practice, and the courage to turn inward without losing one's responsibility to the world.

For those who feel called to go further, this issue also points ahead to upcoming workshops for aspirants who wish to engage the work more directly, as well as opportunities to apply for admission into a more intentional path of study and spiritual development.

May these pages help steady the mind, deepen the heart, and quietly open the way.



Jean-Marc Aimey is a senior member of the House of the Ibis, a Second Degree Initiate, and a practitioner of various sacred mystery traditions. An entrepreneur, teacher, and life philosopher, his work is rooted in the improvement of social conditions and the cultivation of more conscious ways of living.

Inaugural Address

By **Roger Calliste, Director of Studies**



It is my distinct and profound honour to extend a warmest welcome to you as we launch our Newsletter—a publication intended to provide deeper insight into the work of the **House of the Ibis** for the wider esoteric community, both at home and abroad.

Situated in the twin-island Republic of Trinidad and Tobago, the **House of the Ibis** is a mystery school descended from the Servants of the Light School of Occult Science. It stands in its own right as an independent school of the sacred mysteries, claiming lineage from the august line of spiritual adepts who have mentored, taught, and guided us to this point of self-determination.

We teach the Mysteries of Light as manifested in the sacred traditions of Ancient Egypt, the mystical Kabbalah, and the mysteries of the Ruhaniat—the sacred mysteries of the Arab lands. We view our school as a vessel, a container for these sacred teachings; it is our fervent hope that this Newsletter serves as a bridge, a conduit to those seeking knowledge and learning from a school that teaches with integrity, veracity, and honour.

At a time when our world is in turmoil, and there is a seeming lack of inner focus on the planet, we believe the time is right to open our doors a little wider. We share here the knowledge, wisdom, and understanding that the sacred teachings of the Mysteries of Light can provide.

On behalf of my fellow Companions of Light, I welcome you!

“May the words herein be a lamp unto your feet and a light unto your path.”

Roger Calliste serves as Director of Studies of the House of the Ibis. A Magister Templi and 3rd Degree Initiate, he was trained by the world-renowned Dolores Ashcroft-Nowicki of the Servants of the Light. An author, philosopher, and dedicated student of the sacred mysteries of the light, his work is concerned with making the spiritual and ritual wisdom of the ancients into a living path for the modern seeker. His published work, including Journey to Sacred Egypt, has been recognized for its poetic treatment of Egyptian rites, symbolism, healing, and sacred philosophy, shaped by more than two decades of research in Egyptology.

The House of Quiet Knowing

By Kontar Borde

Within the House where silent wisdom lives,
Where ancient doctrine shows what heaven gives,
Djehuti stands upon the temple stair,
A lunar scribe who measures hidden air.

His curved beak traces circles in the night,
Recording silver footsteps made of light.
Each twenty-eight the Moon unfolds her throne,
Through mansions ancient as the cosmos' bone.

From gate to gate the pale queen makes her rounds,
Through veils of star and sacred shifting grounds.
Each mansion whispers secrets, soft yet clear,
To those whose inner ear is trained to hear.

The Ibis inscribes upon the vaulted sky,
Each cycle born, completed, and passed by.
No phase is lost, no shadow left unknown,
All tides of fate are tallied and are shown.

Within this House the wandering mind grows still,
And learns the law that moves both star and will.
For those who walk the lunar halls with grace
Find hidden order in the moon's slow pace.

The House of the Ibis, keeper of the chart,
Where heaven's rhythm tutors mind and heart,
Through twenty-eight bright doors the Moon must roam,
Til every seeker finds a deeper home.

Kontar Borde is a member of The House of the Ibis and a professional accountant with a deep interest in the mystery traditions of the near east and west.

The Wisdom of the Kabbalah

By Khallid Pile

Modern society has given human beings much of what we need to live a comfortable life. By nearly every material measure, we seem more prosperous than our ancestors. And yet, happiness and contentment on an individual level appear to be diminishing. More and more, modernity has pushed many towards drugs and other forms of escapism, while others are returning to religion — the very religions that modernity once encouraged us to move away from. This is because, on an inner level, we sense an essential emptiness to the modern way of living — an all-pervasive nihilism. Can personal fulfilment truly be attained by accumulating possessions and money? Is participating in the relentless rat race, and the stress it brings, all there is to life? Inwardly, we know the answer is no. We sense that there is something much deeper and more unfathomable to life.

More and more people spend their time online or on their cell phones. The internet has opened an ocean of information to us. No doubt, many of us have heard of the Kabbalah through films, YouTube, or online forums. Usually, it is painted in a negative light. It is associated with evil, devil worship, demonology, or, more recently, with occult secret societies bent on world subjugation. But when stripped of these polemics, the reality of what the Kabbalah actually is becomes far more intriguing, all-encompassing, and liberating. Few know that it is, in fact, a spiritual system encoded in the Bible itself. What sort of system? One concerned with the very nature of reality, the cosmos, and their relationship to God. In other words, it explains how God created the cosmos and our reality, how reality operates as a function of God's will, and how these things relate to us in our everyday lives.

The Kabbalah is a veritable unified field theory of existence, capable of explaining reality in its interconnectedness and showing how one thing relates to another. It offers tremendous insight and serves as a profound key to understanding. And it is surprisingly available to us. As stated, it is encoded in the Bible itself, which is none other than God's own book. And this stands to reason: why would not God's own book provide insight into God's own creation? What sort of wisdom can we attain from this book? How can this body of sacred knowledge help us in our everyday lives — our modern lives, so often marked by emptiness, stress, and a lack of meaning?

The Kabbalah is a spiritual system which teaches that everything in existence emanates from the mind of God — the Creator. Reality is held together by a substratum of spiritual light [not physical light, but a sacred analogue of it] and is governed by laws, angelic intelligences, and spiritual beings, all of which express aspects of the universal mind — that is, the mind of God. The entirety of physical reality is a reflection of God's spiritual nature expressed within material existence. What is more, we as human beings are not accidental, but central to the reality issued forth by the Creator.

According to Kabbalistic theory, the spiritual essence at the core of our being has always existed eternally, and physical reality was created to help us evolve and become self-aware of our own potential. When we are born, we enter physical reality and its challenges, including the limitations of time and space. Within that reality, there are many lessons we must learn in order to evolve within the cosmic scheme. Over time, through the mastery of life and its lessons, we eventually return spiritually to God. Spiritual and cosmic reality exist in levels, and we ascend through these levels in our return to the Divine.

Kabbalah is a word of Hebrew origin meaning “that which is received” or “that which is passed down by word of mouth.” As a system, it was transmitted primarily through the Jewish religion, especially through its sacred texts, the Tanakh (the Hebrew Bible) and the Talmud. It has also been transmitted through various initiatic and esoteric societies, such as the Rosicrucians and the Freemasons.

Now, what wisdom can the Kabbalah offer us in relation to our everyday lives? Firstly, we must understand that everything in our lives has meaning – every achievement, every loss, every encounter. Everything we go through and endure has an ultimate purpose. Nothing is accidental, and every bit of understanding or wisdom that we gain over the course of our lives serves the greater good. Any phase of life in which we experience deep meaninglessness may indicate that we have fallen out of alignment with the greater plan of the Creator and must work to overcome that state.

“ **Everything we do matters.** ”

We must also help our fellow human beings, who are fellow travellers on the journey of life, to become better. The Kabbalah offers different means by which we may tread both the ordinary and spiritual paths of life. Above all, it can teach us to live rightly. Through its deeper insights, found in scripture and tradition, we can learn how to relate correctly to our fellow man, how to pursue success and care for ourselves, how and what we should consume, how to pray, and how to understand sacred timing in relation to worship, cultivation, and right living. On a deeper level, we may also learn what help is available to us in the form of angelic intelligences [spiritual messengers or powers], divine names [sacred names through which divine forces are invoked], and other realities of the unseen world.

In short, the Kabbalah offers wisdom for nearly every dimension of human life. Its wisdom is vast. Indeed, those who suffer most from the nihilism of modernity may stand to benefit most from it. While modern life has given us comforts and conveniences our ancestors lacked, many of us remain deprived of the spiritual nourishment our souls truly need and cry out for – nourishment that the Kabbalah seeks to provide. It is now incumbent upon us, as modern people, to avail ourselves of its wisdom. As the old saying goes: Seek and ye shall find.

Khallid Pile is a member of The House of the Ibis and a teacher by profession with a particular interest in Jewish Kabbalah and Golden Dawn tradition.

The Whirling Dervishes

By Franklyn Hawkins

A few years ago, a friend of mine journeyed to the Middle East. Each day, he sent me glimpses of his travels — photographs, recordings, and fragments of distant worlds. One evening, a video arrived that held me captive. In it, a circle of men, clad in white gowns with skirts that billowed like sails and crowned with brown hats, spun in endless circles. Their movements were accompanied by haunting melodies and voices that seemed to rise from the earth itself. I had never witnessed anything so strange, so mesmerising. I replayed the video again and again, searching for answers. Who were these men who spun so tirelessly, their motions smooth, unwavering, almost otherworldly?

They were called the Whirling Dervishes.

Raised in a Catholic household, my knowledge of Islam was limited to the warmth of Eid celebrations with neighbours — the sweet taste of sawine, the sharing of food, the joy of community. Yet here was something entirely new, a practice centuries old, steeped in mystery and devotion. I felt compelled to learn more.

The Dervishes belong to the Mevlevi order of Sufism, founded in Konya in the late 13th century and associated with the teachings of the poet and mystic Jalal al-Din Rumi, known as Mevlana. In Konya and Istanbul, and in Turkish communities across the world, the Mevlevi keep alive the ritual of Sema — a ceremony of spiritual remembrance and worship in which the Dervishes, or Semazens, turn in an anticlockwise rhythm. With the right palm raised heavenward and the left turned toward the earth, the gesture is often understood as a sign of receiving and transmitting grace. Their bodies pivot on the left foot, while the right helps propel them in circles, evoking a cosmos in motion and the soul's longing to move in harmony with a greater order.

The garments themselves speak in symbols. The white tennure recalls a burial shroud, the tall brown sikke resembles a tombstone, and the black cloak suggests the grave of the ego. When these outer forms are shed, the act is not merely theatrical; it expresses a spiritual rebirth, a turning away from attachment and toward the Divine. In this sense, the spinning is more than movement. It becomes prayer in motion, a form of remembrance of God through which the self is quieted, the heart is refined, and one seeks, however briefly, to move beyond the restless claims of the ego.

Each December, Konya becomes a place of pilgrimage, as thousands gather to commemorate Rumi's passing on the 17th during Şeb-i Arus, the "Night of Reunion" — a phrase that reflects the understanding of death as reunion with the Beloved. For days, the city hums with devotion, culminating in ceremonies of remembrance. The Sema unfolds to the strains of ayin music, shaped by voice, reed flute, drum, and cymbals. The music does not merely accompany the turning; it guides the inner journey, leading both practitioner and witness into a more contemplative state. Throughout the year, other Sema ceremonies continue in Turkey and in Mevlevi communities elsewhere, though their traditional spiritual setting remains essential to their fullest meaning.

To become a Dervish is no simple path. Traditionally, it required 1,001 days of training in the Mevlevi lodges, where the student was formed through prayer, ethics, music, poetry, and disciplined practice. This was never only about mastering a performance. It was about becoming inwardly prepared — trained in humility, steadiness, and surrender — so that when the turning began, it was not spectacle but devotion. The body whirled, but the deeper aim was spiritual: to remember God, to loosen the grip of self, and to return, even for a moment, to a truer centre.

“What first appeared strange to me now feels profoundly recognisable: the human longing to lose what is false, remember what is eternal, and be drawn, once again, into the orbit of the Divine.

Perhaps that is why the first video affected me so deeply. I thought I was watching men spin, but what I was really witnessing was a sacred language of return — a discipline in which motion becomes stillness, music becomes prayer, and the turning of the body hints at the turning of the soul toward God. What first appeared strange to me now feels profoundly recognisable: the human longing to lose what is false, remember what is eternal, and be drawn, once again, into the orbit of the Divine.

Franklyn Hawkins is a member of The House of the Ibis and a primary school teacher by profession with an interest in mystical development and transformation.

Love Guided by Wisdom and How This Intertwines With My Life

By Rajendra P. Rickhi



Wisdom comes in many forms. It might come through learning, through experience, or even through dreams as a spiritual download. What I have learnt is that life is a continuous journey of learning. As long as you are open-minded and willing to put your ego aside, your mind can become limitless. In my own experience, I have limited myself simply because of my ego.

My father would always refer to something called the 'monkey mind'. Growing up, I never understood what he meant and simply laughed it off. As I got older, I began to understand: our greatest enemy is our own mind, whilst our greatest companion is also our mind. It is up to us which one we choose. The monkey mind is the incessant chatter that will continuously give you a million reasons to do or not do something. If used wisely, it can lead you to bliss; but if you are not cautious, it can lead you down the rabbit hole of oblivion.

Jalal al-Din Rumi, the 13th-century master of Persian odes, lived in a world of profound mystery, yet his verses remain a roadmap for the modern seeker. He famously noted:

"Change does not happen by trying to fix the world, but by looking inward". Attempts to remedy a situation externally may sometimes prove difficult; instead, perhaps we need to sit in silence, take a deep breath, and look inward. It is in these quiet moments that the answers come, infused with wisdom."

Again, Rumi says in one of his odes:

"Remember that all bad character traits—like cruelty, jealousy, hatred, greed, heartlessness, and pride—exist in all of us. However, we choose to remain blind to this until we spot these traits in another person, and then we quickly take flight. Yet we are only taking offense at ourselves and fleeing from our own true nature."

The beginning of the path that leads to wisdom means learning the art of discernment, but it must first begin with us. Rumi here is saying that the same things we may despise in others are often the very traits present within our own being. Running away from what appears is not wisdom; rather, it is about facing, accepting, and working towards the integration of these disparate aspects of ourselves. Bringing forth their healing—that is the path of the wise.

Again, Rumi says:

"You are not a drop in the ocean. You are the entire ocean in a drop."

This profound statement truly encapsulates the ancient teaching that each one of us is a miniature being—a microcosm of the vast macrocosm. Therefore, it means that the knowledge, understanding, and wisdom of the universe are embodied, in a very real way, in my essential self. This is perhaps why, growing up in the Hindu faith, there were so many different takes from the pundits of my religion on the teachings. Ten different pundits would give ten different answers to the one question I would ask. It was simply understood that I must listen to everything they said and question nothing, but my inner curiosity said no.

It is clear to me now that each one had their own understanding of these sacred teachings. What it also says to me is that I must use the knowledge and understanding of the elders to begin finding my own inner wisdom, standing upon their esoteric shoulders in seeking the clear light of wisdom.

Again, Rumi says in another of his odes:

“There are two sides to humans. One is our animal nature, consisting of our hopes and desires; the other is our essence, from where the nourishment of our spirit comes. Our essence perpetually yearns for the wisdom to meet the Divine. So, while our animal nature desperately seeks escape from the Divine, our essence invariably flees from the material world.”

In modern society, the world is in a dilemma regarding true love. This has been a challenge in my own life, each time leaving a void where true love flees. We get so lost in searching for ‘the one’ that we lose ourselves. Could it be that true love is found only when we find our true nature? Only then can the one that we love be reflected in the physical partner or lover who magically enters our life.

“Lead With Love, Not Fear.”

The love I need and deserve is within. This love comes in the way of eating healthy, treating your body right, calming your mind, and doing what nourishes your soul. True wisdom lies in seeking out, with ardent love, the “lover within,” which is your own divine essence. When we come to know, love, and understand the divine being that we are, then we may find the reflection of our true self in a loving partner who greets us with love and understanding.

The time comes when, as Rumi says, we must flee from the mundane things of life and seek out the wisdom of the Spirit within. It starts the day you begin with deep and silent reflection on your own inner nature. Eventually, we may arrive at ourselves, greet ourselves, and say: ‘I love you’. Only then does the inner love greet the outer lover in our physical world.

As my personal credo says: *‘Lead With Love, Not Fear’*.

Rajendra P. Rickhi is a member of The House of the Ibis and a professional engineer with an interest in the sacred mysteries.

Navigating the 21st Century with Kemetic Wisdom Living

By Christian Strong



In an age rife with forces that overstimulate the senses, glorify external validation, consumerism, and overindulgence, purpose is often misdirected towards vanity and radical existentialism. As leadership expert John C. Maxwell succinctly puts it, “An unintentional life accepts everything and does nothing; an intentional life embraces only the things that will add to the mission of significance.” Essentially, the path of the modern Shemsu (aspirants) must be aligned within Ma’at (the cosmic principle of truth, order, and harmony), taking responsibility for self and being deliberate in thought, word, and deed. The wisdom found within the Kemetic (Ancient Egyptian) schools of thought allows one to anchor oneself in the practicality of truth, justice, balance and harmony of self, society, and universe.

In Kemetic philosophy, mankind does not invent purpose for itself, but aspires to ‘the purpose that guides the wills of men’ – an existential alignment. Identity is anchored to social responsibility and universal order, while striving to attain a balanced life and fulfilment of existence. Ma’at, being the governing principle of the seen and unseen worlds, becomes the vehicle by which fulfilment is reached. The Sebait literature (wisdom teachings), maxims, and instructions of sages such as Ptah-Hotep and Amenemope provide a foundation for applying Ma’at in everyday life. These wisdom texts established the hallmarks of a wise person through humility, patience, restraint, and ethical conduct.

Kemet (Ancient Egypt) was a conglomeration of lands and traditions which gave birth to three main schools of theology: the Heliopolitan, Memphite, and Theban traditions. Though distinct, they all highlighted the formation of character, ethical living, social harmony, and the transmission of wisdom across generations.

The Heliopolitan tradition, centred in Iunu (meaning Pillar), later called Heliopolis (the “City of the Sun”), taught that Atum Ra emerged from the primordial waters and brought form and structure to the universe through the birth of the Ennead. Mankind, therefore, is understood as a particle of divine light, descending into existence and struggling through the limitations of the body in order to return to the One. Human beings gain purpose by evolving the latent abilities within themselves and manifesting them while maintaining cosmic order, justice, boundaries, and fairness.

The Memphite tradition offers another dimension of intentional living. In the creation story of Memphis (originally called Inebu-hedj meaning “White Walls” and later and Men-nefer

meaning Enduring and Beautiful), Ptah conceives the world within his heart and mind and speaks it into being with his tongue. The creative triad of Sia (perception), Hu (authoritative utterance), and Heka (effective power) reveals that humans also shape reality through disciplined thought and responsible speech. The power of the word can create or destroy relationships, societies, and institutions; thus, one must harmonise thought and expression.

The Theban tradition, rooted in Waset (the Seat or City of the Sceptre), focused on the mystical dimension of Amun, the "Hidden One," who is both the breath of life and the source of existence. This school teaches humility and faith in the unknown, recognising that mankind cannot begin to comprehend the full scale of the powers that be. Human beings do not have total control, yet purpose may still be gained through awareness, surrender, and alignment with a reality greater than oneself.

It would be remiss not to acknowledge the Hermetic thread that later grew in the city of Alexandria, founded by Alexander The Great. Drawing its origins from the legendary Hermes Trismegistus, Hermeticism originated both philosophically and religiously from the Kemetic neter Djehuti. Hermeticism is not merely intellectual philosophy, but a spiritual and experiential path grounded in the understanding of the self as a microcosm of the cosmos. It reinforces the Kemetic insistence that true wisdom must be lived and embodied.

“Purpose is not the destination, but the quality of the journey itself.”

These wisdom traditions offer timeless insight into our modern hurdles. The loss of focus, together with the overwhelming barrage of fleeting distraction, fractures the faculties of the decision-making process, impacting what the Memphites called the unified heart. Hyper-personalisation and isolated self-expression erode the role of cosmic balance and social responsibility. While ancient Kemet functioned according to the rhythms of the Nile and its environment, modern civilisation has divorced itself from this connection in favour of artificial schedules and fragmented living.

The path of the Shemsu can still be anchored to divine truth and purpose by threading the wisdom of these traditions. Being intentional in this life entails discipline, humility, ethical conduct, and divine alignment. Purpose is not the destination, but the quality of the journey itself. It does not require perfection, but willful participation. When the soul reaches the halls of Ma'at and the heart is weighed against the feather, the question will arise: was this soul in harmony with the spiritual truths and order of the universe? Was the heart burdened, or was it deemed maa-kheru – true of voice – by upholding the harmonious principles of Ma'at? It is by living, experiencing, and promoting the instructions of the viziers of old that we may realign life and society to their highest potential and ascend to a higher state of consciousness.

Christian Strong is a member of The House of the Ibis and Agri Science professional with a particular interest in African spiritual traditions

A Return to Wholeness

By Theresa Cobbler

I have always been in awe of the human body and its uncanny ability to continuously renew itself. Even its very structure is amazing: the way it is built, the various pipes and tubes which fall into exactly the precise place for its ideal function. How, what, or who is the question.

Healing is described as the process of making, or returning to, wholeness. We can examine the world and realise that so many things return to wholeness on a continuous basis. We can see it in the hills during the dry season, how the browns and yellows of trees stand out, and then, when the rains come, the trees become lush and green again. What about the stroke patient who struggles initially but, given time, persistence, and support, gets the body to move again? All of this is part of the healing process.

Have you ever asked yourself who or what governs this process? How does the earth change colour? How do the circuits of the brain rewire themselves and create movement again? Is it the doctor, is it the body, or is it some higher force or energy? Some schools of thought believe we are humans having a spiritual experience; others say we are spiritual beings having a human experience. I tend to lean to the latter. Therefore, I believe there must be some higher force carrying the natural code of healing.

Every spiritual tradition has a name for this force or energy: Prana according to the Indians, Qi from the Chinese, Mana according to the Polynesians, and Ruach according to the Jews. By whatever name it is called, they all understood that the art of keeping a well-balanced and healthy being was governed by a higher code. Disease and sickness happen when the flow of energy within the body becomes unbalanced and the elements within us no longer resonate with each other. I have come to understand that the power to heal, and the act of healing, are within every human being.

What we lack, or have forgotten, is the connection to the source from which all healing flows. We have been distracted for so long that we have forgotten the teachings of old. We have lost the connection that allows us to tap into the inner world of the Divine.

Different practices have been developed over time, teaching us various ways in which we can connect, or tap into, this inner force of healing. One of the oldest ways is through prayer and meditation, always keeping the lines of connection open through the mystery of the unknown, while also accepting that there is something bigger than us supporting our very existence.

When we look around the world today, it seems like everyone is seeking some form of healing from our many types of brokenness and ailments of mind, body, and spirit. We have to remember that rather than looking outward for the answers, we need to start looking within.

Within the Jewish tradition, we are taught how to link ourselves directly into the energy source using the Tree of Life. This Tree gives us a representation of the different pathways we can take along the journey of life: the paths of Form, of Force, and, of course, of Balance.

In a way, we can see that we have been separated from the Source, the Creator, and the soul has been given this unique opportunity to journey with other parts of the whole, other human beings, learning lessons, encountering pain and struggle, and learning how to navigate and heal through these various experiences.

“ Healing is not just about getting rid of a cold or a disease. It is a continuous process of ultimately finding our way back to the Creator, becoming whole again.

There are so many instances of Jesus, the Son of God, healing in the Bible, and we refer to these occurrences as miracles. Jesus the Christ was the Anointed One and came into the world so that we may follow in his ways and teachings.

If we are of the understanding that we are made in the image of God, and that Jesus, His Anointed, was man made flesh, can we then stand to reason that we as humans hold the same potential?

This is why I believe we all have the capacity; it is built in. What we lack is the inner connection. This is why we are continuously searching. We are aware of the outer variables, but are still learning how to return to the source within.

Theresa Cobbler is a member of The House of the Ibis and a practicing massage therapist with a particular interest in healing, spirituality, and inner development.

The Sacred Path of Theurgy:

Foundations of Energy, Consciousness, and Inner Mastery

Since ancient times, humanity has sought to deepen its connection with the sacred. Ritual and ceremony have been central to this journey—serving as vehicles for protection, healing, and abundance, and later evolving to address our longing for success, power, love, and, ultimately, divine guidance and enlightenment. In the Western Mystery Tradition, the sacred and transformative path chosen by workers of the Light is known as Theurgy—a spiritual art and sacred science that uses symbolic action, sound, and intention to align the practitioner with divine forces. We have chosen to use the term Theurgy, as it is more academically acceptable than Magic, which has become a loaded word that attracts negative ideas among the uninformed and ignorant.

“Theurgy, meaning “divine work” or “working with the gods”, is not about commanding power, but about awakening it —through cooperation with higher intelligences and the divine spark within.

This immersive three-part workshop series is designed for seekers who feel called to the deeper mysteries of spiritual transformation. It consists of three weekend intensives, spaced approximately six months apart. Participants journey through the series as a unified group, each session building upon the last and expanding the depth and scope of their understanding and experience. Each weekend includes structured theoretical teaching, personal and group exercises, and culminates in a full ritual that integrates what has been learned in practice (all white clothing or a robe is required for the culminating rite). The sequence must be taken in order, as each session lays the foundation for the next level of work.

Some of the topics to be explored in Part I:

- Preparation and Purification
- The Inner Temple and Body of Light
- The Magical Implements
- The Officers and Their Roles
- The Four Elements and the Quarters
- The Assumption of God-Forms
- Levels of Power and Group Minds
- The Magical Personality
- Theurgy and the Meaning of Ritual
- The Tree of Life and the Kabbalistic Cross
- Cleansing, Consecration, and Intonation
- Raising Power through Movement & Sacred Sound
- The Temple as a Spiritual Engine
- Music and Symbolism in Ritual

**This foundational weekend opens the door to a living tradition
—a path of conscious evolution, deep alignment, and spiritual mastery.**

Dates & Times:

Friday 29th May, 2026 – 7:00 p.m. to 9:30 p.m. (Opening Lecture)

Saturday 30th May, 2026 – 9:00 a.m. to 7:30 p.m.

Sunday 31st May, 2026 – 9:00 a.m. to 3:30 p.m.

Begin The Journey: Application & Membership

The House of the Ibis welcomes inquiries from those who sincerely aspire to the path of spiritual evolution. If you seek an authentic sanctuary for the study of these Sacred Mysteries, we invite you to begin your journey by submitting an application for membership. To complete the formal application process, please visit our digital portal or send us an email via the links below.



A Legacy Of Light

In 1999, a dedicated study group was formed with a singular purpose: to practice the Mystical Kabbalah as illuminated by Dion Fortune, a foundational voice of the Western Mystery Tradition. We did not know then that these small seeds were the precursors to something much greater.

Through the "laws of serendipity," a chance connection led to a transformative visit to Trinidad by the inimitable Dolores Ashcroft-Nowicki, then-head of the Servants of the Light (SOL). This encounter served as the catalyst for the formal establishment of a private Mystery Lodge—a sanctuary for like-minded individuals sworn to confidentiality and the deep study of the mystical Kabbalah. Thus, Lodge Djehuti was born.

As the work deepened over the following decade, the SOL elevated the Lodge to the status of a full school. In November 2009, during an annual convocation in the UK—and through a deeply moving esoteric ceremony—the House of the Ibis formally manifested upon the physical plane.